



Yam Pancake with Poached Egg, Avocado, & Salsa

Breakfast

Ingredients (Serves 1)

- roasted yams (leftover)
- 1 tsp. olive oil
- 5 grape tomatoes, quartered
- 1 Tbsp. chimichurri
- 1/4 avocado, sliced
- 1-2 poached eggs

Cooking Instructions

1. Mash and form patties with the leftover yams.
2. Toast patties in 1 tsp. olive oil in a small saute pan.
3. Mix 5 grape tomatoes, quartered, and 1 Tbsp. Chimichurri to create salsa.
4. Serve patty with 1-2 poached egg(s), 1/4 avocado, sliced, and salsa.

